

Rheumatology services coming to Mackay!



Dear Health Professionals,

We are excited to announce starting of rheumatology service for children and young adults in Mackay.

This is led by Dr Navid Adib, rheumatologist for young people, and local physiotherapists Emily Hayles and Rachael McConochie from Move and Play Paediatric Therapy, as well as local My FootDr (formerly Balance Podiatry) podiatrist Nathan Montgomery. We accept any child or young adult with joint hypermobility and musculoskeletal pains, inflammatory arthritis, and connective tissue diseases like SLE (systemic lupus erythematosus), or JDM (juvenile dermatomyositis).

**The Mackay clinic will be held every three months at 153 Victoria Street, Mackay.
The first clinic will be held on the 19th February 2018.**

About Dr. Navid Adib



Dr Navid Adib is Queensland's first paediatric rheumatologist, who has been providing service to the young people of Queensland since 2007. He did his sub-specialist training at Great Ormond Street Hospital in London, and completed his PhD in the University of Manchester, U.K. Based at 'Arthur House' in the suburb of Red Hill in Brisbane. He has a passion for helping people in regional Queensland, frequently visiting many towns including Townsville, Mackay, Sunshine Coast, Gold Coast, and Toowoomba.

He visits Wesley Hospital frequently with a regular surgical list for performing rheumatological procedures. Working collaboratively with Zoe's Angels, My FootDr, Wurm psychology, and All Sports Podiatry he is providing holistic care to the young people with musculoskeletal disorders.

Meet our physio and podiatry team



Emily Hayles

Emily is the principal physiotherapist and owner of Move and Play Paediatric Therapy. Emily has extensive experience in the assessment and treatment of infants and children with a wide range of childhood conditions and movement disorders including developmental, orthopaedic, rheumatological, respiratory and neurological conditions.



Rachael McConochie

Rachael graduated with a Bachelor of Physiotherapy with first class honours from James Cook University in 2017, and has returned home to Mackay to give back to the community she grew up in and to pursue her passion in paediatric physiotherapy.



Nathan Montgomery

Nathan is a highly qualified podiatrist, graduating with Bachelor of Health Science (Podiatry) (Hons). He has had a strong foundation of podiatry with experiences in a vast array of clinical environments that allows him to confidently treat the various chronic (eg. diabetes, peripheral vascular disease and rheumatoid arthritis) and acute conditions that impact on the health of the lower limb and foot.

For referrals please contact
reception@queenslandrs.com.au
Call (07) 3367 0085
Find us at 153 Victoria Street, Mackay

